



MOORHEAD SPUD ATHLETIC BOOSTER CLUB



Summer 2009 Newsletter

Summer Greetings to All

It was a slow start to the spring sports season due to weather and flooding conditions. You will read in this newsletter how many teams were affected. We are so proud of our Spud students and all they accomplished this season on and off the field, court, track or course.

The Moorhead High School year is over. It has been great to serve as Spud Booster presidents. We have enjoyed the sport seasons all year long, recognizing many state participants. We were thrilled with a second place finish in boys hockey, third place finish in boys cross country with state champion, Lukas Gemar, fifth place finish in girls cross country, girls' track true team section champions, and a fifth place state finish for the boys golf team. Congratulations to all athletes who make Moorhead proud. Thank you for representing Moorhead High School and our community with such class and quality. Thank you also graduated seniors for leading the way with your dedicated effort, good luck to you.

The end of the school year also marks the passing of responsibilities on the Spud Booster board. Congratulations to new presidents Rob and Jana Bye, vice presidents, Dale and Sheri Larson, secretary Phil and Kathy Duginski, and returning treasurer, Mike and Sherry Young.

Continued on page 3

Girls Finish 8th in State True Team Meet

Submitted by Justin Gall

This season was a challenging one for all the spring sports. Snow, spring break, and flooding caused several weeks of delays at the start of our year. However, it was amazing to consistently see Spud athletes volunteering at the sandbagging stations. In part, it was that dedication towards helping out the community that helped us to come together as a team four weeks after the official start of the season.

Our captains (Leah Hansen, Annika Harless, Laura Gonshorowski, Cassie Staber, and Brittney Herbst) performed well as leaders for uniting the team both in practice and at the meets. Despite the short time to develop skills and fitness, we had a great season. Our Section 8AAA True Team was another close battle this year. We were successful at taking first place at the section meet by narrowly defeating Brainerd with 922 versus Moorhead's 926 point total. This qualified us for the State True Team meet, in which we finished in 8th place among our competition.

The team continued to do well the rest of the season and we finished out our Section 8AA meet in 4th place while qualifying sophomore Ashley Heinze to compete at the Minnesota State Meet in June. Ashley qualified by time with 25.80 seconds in the 200m dash. Looking forward to 2010, we have many young athletes who will continue to be on the team and have another opportunity to contribute. From this, we can easily hope to see another highly successful season next year.

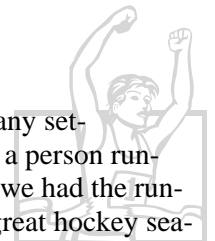
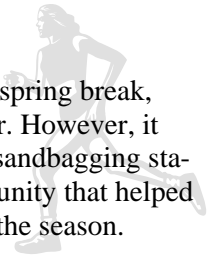
Boys "Unfazed" in Strong Team Effort

Submitted by

The Boys Spud Track and Field Team head a great year despite many setbacks. Our T-shirts had the word "Unfazed" printed on them with a person running on sandbags to represent our season. As far as performances we had the runner up trophy way too many times! We had guys coming off of a great hockey season, our True Team section meet 2nd place behind Buffalo by two points and missing out on the individual section championship title by a few points as well. On a lighter note, our philosophy of improving and not letting the external factors affect us shone through very brightly! Too many personal records to mention, but it was truly a remarkable TEAM effort just to complete this season.

State participants included: 4x800 team of Derrick Johnson, Matthias Valan, Joe Dooher and Matt Nicolai (Jakob Lindaas and Tim Lillehaugen Alternates), Wes Anderson in Long Jump, Brendan Johnson Pole Vault, John Bye in the 110 hurdles and 300 intermediate hurdles placing 6th in 300's. For those that didn't see the race John was a solid second and hit hurdle #7 so hard most of us would just be recovering from today. Fortunately he recovered by an unbelievable act of athleticism and finished sixth in extremely rainy conditions.

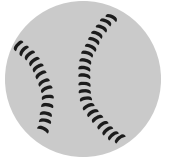
We're going to miss our seniors but are really looking forward to next year with an unbelievable junior class and several sophomore and freshmen letter winners returning. Put May 13 on your calendars and be at Jake Christian Stadium for the 2010 Section 8AAA True Team Championships! You won't want to miss this meet! Thanks for all your support!



Fastpitch Diamond Team Takes Wet Spring in Stride

Submitted by Mark Perry

Due to the weather, this was obviously a difficult spring. We had six games cancelled due to wet field conditions and most of the games we did play were in inclement weather. (For example: our first outdoor practice was also our first game!) However, even with the difficult times the weather gave us, we had an outstanding season. The girls had a great attitude and were fun to coach. Wins and losses often do not indicate how hard they worked and how much they improved, and that was evident this year.



Highlights from the year: Besty Miller, Michelle Olek, & Katrina Kotta finished the year batting over .400. Chelsie Hiede threw a no-hitter versus Fergus Falls. Lauren Blanshan, Besty Miller, & Katie Schnieder were named to the Academic All State team. For the third year in a row Moorhead Softball was awarded the Team Academic All State Award – Gold (Team GPA over 3.75)!

Fastpitch Softball is a fun sport and we have more girls playing now than we have ever had! Thanks again to the Spud Boosters for all that you do!

Young, Enthusiastic Girls' Golf Team Looks Ahead

Submitted by Karin Schumacher

The 2009 girls golf season was a success if judged by participation, enthusiasm and improvement. With only two returning golfers, and losing the Minnesota State AAA champion (Ali Nelson), it was definitely a rebuilding season. Alison Bruggeman (11) and Brooke Just (10) were the two returning golfers and golfed #1 and #2 for us all season. Alison was able to qualify for the second day of sectionals. That in itself demonstrated her progress through the season. Sixteen other first year golfers rounded out our squad. Five freshmen led the group: Tiffany Swanson, Heidi Erickson, Sheyenne Johnson, Annie Barnum and Kate Hickok.



Looking ahead to 2010, this group of 18 girls should be able to continue the progress and improvement. Most of them are showing a desire to work on their game this summer, and that is where we will see the most improvement!

Solid Individual Performances Mark Boys' Tennis Season

Submitted by Tim Costello

The 2009 boys tennis season had a bit of a late start to the season and endured a number of cancellations due to the weather. When all is said and done, the '09 season provided a glimpse into the future of Spud tennis. With seniors Jarrod Erdmann and Kegan Reising as well as sophomores Tyler Hjalmsquist leading the way, a number of underclassmen came to the front and by the season's end gave us much needed stability and promise for the next few years. The team results were less than stellar until a terrific team win in the first round of the 8AA subsection team tourney: a 4-3 win over Fergus Falls reversed the loss to Fergus the week before. Although the team fell to the Section finalist Brainerd team 6-1, the performances in both singles and doubles were respectable and promising.



On an individual note, sophomore Tyler Hjalmsquist had another spectacular season. With a single loss in the regular season, Tyler went into sub-section and section play hoping to get back to state for the third year in a row. Tyler was the 8AA subsection champ and was runner-up for the section championship. After playing in his third true second match - to qualify for the state single tournament - Tyler defeated the #1 player from Brainerd. His third trip to the state tournament resulted in his most successful run there to date. Tyler played in four 3-set matches at state and played his way to the consolation championship.



Spuds/ Subway Fund-Raising Event

Saturday, September 19

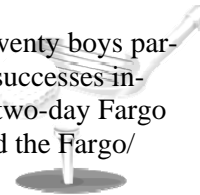
at the South, Downtown and Eastern Locations (Wal-Mart not included)

The Spud Athletic Boosters will receive 50 cents for each 6-inch sub
and \$1.00 for each footlong sold that day

Trip to State Tournament Highlights Spud Boys' Links Team

Submitted by Eric Tollefson

A successful 2009 Spuds boys golf season was capped with a team trip to the State AAA tournament. Twenty boys participated in MHS golf this year. The season schedule included 16 varsity and 4 JV meets. Varsity meet successes included first place finishes at the two-day Grand Slam Invitational at Grand Rapids and Coleraine, at the two-day Fargo North Invitational at Wildflower Golf Course, at the Bemidji Invitational, the Moorhead Invitational, and the Fargo/Moorhead Metro Classic.



Moorhead's Section 8AAA tournament team consisted of seniors Nick Olsgaard and Evan Johnson, sophomores Tyler Rustad and Micah Megorden, and freshmen Bryant Buckellew and Ben Welle. The section tournament was played May 25-26 at GreyStone Golf Club in Sauk Centre. A team score of 607 earned the Moorhead Spuds boys the Section 8AAA championship, and the first team trip since 2007 to the State AAA Tournament.

At the State Tournament, played June 2-3 at Bunker Hills Golf Course in Coon Rapids, the Spuds total of 628 afforded a fifth place team finish. Individually, the Spuds were led by Nick Olsgaard and Bryant Buckellew. Both finished T-24, with each player carding a two-day total of 155 for the event.

Budget Cuts Lead to Fee Increases For Coming Year

Submitted by MHS Athletic Director Don Hulbert

The Moorhead School Board has approved ticket and fee increases for the coming school year. In an effort to assist families who will endure cost increases for students participating in activities, the Activities Department is asking that teams and parent groups adhere to the following guidelines:

2009-10 Athletic Department Changes:

- Fee increases take effect in the Fall of 2009. A copy of those fees is enclosed. An individual cap of \$350. (high school), \$150.(middle school) and a family cap of \$750. Families facing difficulty in paying fees should contact the Activities Director.
- Banquets - All banquets are to be dessert format (no meals served). Banquets can be held off campus only if there is no rental fee charged. Arrangements to schedule banquets on campus must be made through the Activities Office.
- Non-Essential Purchases - All optional clothing purchases by teams must be pre-approved by the Activities Director. Coaches will decide how activity funds are spent. Efforts will be made to purchase stock items that can be worn by athletes throughout their high school careers (warm-ups, etc.)
- Activity Accounts - All fundraising income is to be deposited in that sport's designated MHS activity account. The activities office will assist programs in accounting updates and deposits.

Fall sport programs begin on August 17. The Activities Office will send sport specific letters during July to team members listing details. MSHSL eligibility forms will be included in this mailing. If you do not receive a letter by the end of July, please contact the Activities Office @ 284-2345. A reminder that sport physicals are valid for three years from the date of your last appointment.

Greetings From Su & Mike... Continued

May you enjoy working on the board as much as we did. Thank you to Bruce and Maggie Hanson for your great work as secretary for the past three years. We will miss our Spud Booster retirees. Thank you for your work over the past three years, Michael and Lisa Stein, and Mike and Heidi Fitzgerald. Welcome new board members, Don and Kim Nelson, Scott and Sue Ellingson, Dave and Sherry Klemetson, and Kevin and Jane Stein.

Parents and fans, the support that we have given is made possible by your individual, family and business memberships. Thank you for your membership. We have some challenging financial days ahead. Our coaches and athletes give their best, we will continue to support and do our best. We hope that we can count on your participation again.

Have a wonderful summer and we'll see you again on the field, pool, floor, court, rink, or course!
Go Spuds.... Mike and Su

Moorhead Spud Athletic Boosters

P.O. Box 394

Moorhead, MN 56561-0394

Spud Baseball Squad Finishes With Winning Record

Submitted by Greg Salvevold

The Moorhead Spuds baseball season was delayed three weeks because of the floods. Even though the team was three weeks behind with practices, compared to most teams in the state, we had to make sure the players were ready for their first game after practicing only five days. The first three games of the year had shown that we didn't have much practice time but we learned a lot from the three losses to start the season. Then we went on a little win streak and won the next 10 of 11 games heading into the last six games.



We finished the regular season 12-8 and played some close games to finish out the regular season. Heading into playoffs, which is double elimination, we needed to get by Brainerd, Bemidji, and Alexandria to get to the final three tournament or section finals.

The first game was against Bemidji and Scott Petry pitched a gem for a 2-1 victory. We played Alexandria, and Lucas Henry pitched a great game, but we ended up losing in the last inning 3-2. With Jake Bernhardt pitching the next game, we upset the #1 seed Brainerd 8-3 to eliminate them from the tournament. Now needing to win two games from Alexandria to move on, we jumped to a 4-0 lead in the first two innings and Casey Smith pitched five scoreless innings. Alexandria then scored five runs in the last two innings to end our season with a 5-4 loss.

With our top 3 hitters on the team: Lucas Henry hitting .424, Braden Rahman hitting .389, and Kyle Kraemer hitting .378, we should have a good core coming back to help the Spuds next year!



Watch for the NEW Spud
Athletic Website coming this fall



MOORHEAD SPUD ATHLETIC BOOSTER CLUB BUSINESS SPONSORS

PLATINUM
(minimum \$250 contributions)

- A-1 Automotive Service
- American Enterprises Inc
- ByteSpeed
- CNH Fargo Plant
- Hornbacher's
- Moorhead Dairy Queen
- Moorhead Firefighters Local #1323
- Orthopaedic Associates
- Richards Transportation
- State Bank & Trust
- Wallwork Truck Center

GOLD
(minimum \$100 contribution)

- American Legion Post #21
- Bud's Amoco
- Cusey Real Estate
- Clay Dietrich Homes, Inc.
- Family Dentistry of Moorhead
- Fargo-Moorhead Animal Hospital
- Farmers Insurance Group-Shawn Gruenberg
- Fitzgerald Construction
- FM Truck Sales
- FRS Industries
- Gate City Bank
- John C. Arneson Agency
- Johnson & Johnson Insurance Agency LLC
- Kassenborg Construction, Inc.
- Knights of Columbus
- Korsmo Funeral Service
- Larry's Auto Body
- Luther Family Buick Pontiac GMC
- Mike's Auto Service
- Northwestern Bank
- Paragon Development
- Personal Touch Embroidery
- Premiere Video
- Remodeling by Foss
- Rick Loveland
- RWP-Rick Westra
- Sig Olson & Sons Plastering
- Skatvold Family Dentistry, PC

- State Farm Insurance - Noel Moore
- Stein's Inc
- Stephenson Drywall & Lathing
- Valley Alignment & Repair
- Wendt Custom Cabinets
- Valley Alignment & Repair

SILVER
(minimum \$75 contribution)

- Dr. David Tranby
- Heidi's Home Consignment Shop
- RL Simmons, DDS
- State Bank of Hawley

BRONZE
(minimum \$50 contribution)

- Abbott, Arne, Schwindt, Inc.
- Ace Hardware
- Bremer Bank, NA
- Cash Wise Employee Fund
- Caulfield Studios & Grosz Photography
- CopyKat Printing
- Dave's Southside Tap
- Erickson Contracting
- Fantasies in Frosting
- Heartland Seeds TLC, Inc.
- JAQ's Garage
- K&L Construction
- Kragnes Farmers Elevator Co.
- Logowear Direct
- M&J Construction of Moorhead, Inc.
- Marguerite's Music, Inc.
- Moorhead Center Mall
- Moorhead Youth Hockey Assn.
- Randy's Electric
- Ray's Sport & Marine
- Reardon Office Equipment, Inc.
- Riverview Chiropractic Clinic
- Simplot Grower Solutions
- Sportscar Engineering
- Sunset Lanes
- Travelodge & Suites
- Voxland Electric, Inc.



2009-2010 Spud Booster Membership Form

Member Name(s) _____

Company Name _____

Address _____

City _____ State _____

Zip _____

_____ Renewal _____ New Member

Annual Dues:
 Single: \$15.00
 Family: \$25.00

Business Membership:
 Platinum min. \$250.00
 Gold min. \$100.00
 Silver min. \$ 75.00
 Bronze min. \$ 50.00

Would you be interested in being considered for the Spud Booster Board of Directors?
 Yes _____ No _____

May we include your company/family name in our published list of members? Yes _____ No _____
 (no response means yes)

*Please send this form and check payable to:
 Moorhead Spud Boosters, P.O. Box 394
 Moorhead, MN 56561-0394.*

Your canceled check is your receipt. Thank you again for your support.

MOORHEAD SPUD ATHLETIC BOOSTER CLUB MEMBERS

Aakre	Marjorie	Gronbeck	Pam & Rick	Miller	Jeff & Ronoette
Altenbernd	Larry & Val	Grosz	Brad & Ann	Mjones	Roger & Lori
Anderson	Marc & Kim	Guhlke	Scott & Pam	Morlock	Paul & Jean
Anderson	Carol	Gulsvig	Marcella	Nelson	Dennis & Sharon
Arnold	Vince & Julie	Haibys		Nirschl	Michael & Muriel
Ashmore	Pepper & Deb	Hajostek	John & Joyce	Nord	Greg & Linda
Backlund	Jim & Jean	Hansen	Dave & Renae	Paulson	Dan & Denise
Baltes	Jim & Colleen	Hanson	Chris & Lee	Penas	Brad & Kari
Bergland	Bill & Jane	Hanson	Bruce & Margaret	Penas	Rick & Tracy
Blinn	Tim & Sue	Hanson	Timothy & Janet	Petry	Greg & Bonnie
Bondy	Mark & Cindi	Harless	Mark & Lenae	Phelps	John & Carolyn
Borgen	Brad & Lisa	Haugen	Milt & Corrine	Pieterick	Mark & AnnDee
Borgen	Curt & Betty	Haugen	Joel & Deb	Posch	Chip & Brenda
Borgen	Lori & Bill	Hayes	John & Peggy	Quenette	Bill & Andy
Bosche	Kevin & Kari	Heide	Brian & Tammy	Randklev	Kyle & Beth
Brammer	Bob & Heidi	Henegar	Russ & Peggy	Remark	Louie & Dorothy
Bruggeman	Denise & Kevin	Henrickson	Randy & Carrie	Robertson	Barry & Trisha
Burington	Constance	Herold	Daniel & Constance	Roers	Rick & Emily
Burns	Tom & Ronda	Hillesheim	Nadine	Roller	Larry & Coleen
Bye	Rob & Jana	Hjalmquist	Dave & Mary	Rosenfeldt	Dan & Julie
Cahill	Steven & Jeri	Holm	Mike & Stephanie	Sakrismo	Stephen & Tammy
Casselton	Cindy	Holsen	Larry & Terri	Sand	Michael & Linda
Cavalier	Curt & Sue	Holtan	Paul & Vicki	Schlotfeldt	Brian & Kim
Charleton	Mary & Steve	Hoots	Gary & Norean	Schneider	Karen & Joe
Christian	Eddie & Lisa	Horn	Paul & Connie	Schuman	David & Maren
Christianson	Tracy & Kathy	Huckle	Tim & Joanne	Seljevold	Phil & Adeline
Conner	Kevin & Connie	Hurner	Brad & Bonnie	Setter	Don & Renae
Conway	Jim & Lori	Jacobsen	Dean & Paula	Slette	Michael & Kim
Cragg	Paul & Kate	Jensen	Jeff & Jackie	Smith	Jeff & DeAnn
Cusy	Brad & Family	Jensen	Deb & Ron	Snyder	Jim & Jane
Davidson	Craig & Linda	Johnson	Dick & Diana	Solien	Tom & Bobbi
Day	Mike & Lynn	Johnson	Andy & Emilie	Sperling	Steve & Deanne
Deilke	Vi	Johnson	Charley & Mary	Stavenger	Marcia & Jeff
Desautel	Jay & Jan	Johnson	Audrey & Arne	Steen	Terry
Duginski	Phil & Kathy	Jossund	Mark & Brendy	Stein	Lisa & Michael
Doda	Mark & Nancy	Just	Kenley & Kathy	Stenerson	Jay & Emy
Dorff	Don & Linda	Just	Jerry & Dolly	Strand	Brad & Betsy
Drechsel	Jon & Sonya	Karch	Kent & Jacki	Strand	George & Gina
Dunn	Rose & Travis	Kleber	Mitch & Toni	Strand	Shocky & Evelyn
Ellingson	Scott & Sue	Klemetson	Dave & Sherry	Swanson	Gladys A.
Ellingson	Clay & Sue	Knutson	Denny & Patsy	Swenson	Arlan & Karla
Eskildsen	Richard & Denise	Knutson	Larry & Joann	Talge	Duane & Lilla
Fitzgerald	Mike & Heidi	Krause	Guy & Lori	Taylor	Kerry & Tiffany
Fjeld	Dennis & Joyce	Larson	Dale & Sheri	Teske	Daryle & Vicki
Flickinger	Bill & Mary	Larson	Chuck & Kim	Thie	Ed
Foley	Michael & Wanda	Larson	Glenda	Their	Angie
Forde	James & Jerilyn	Lee	Dick & Carol	Toso	Dean & Donna
Frider	Jeff & Deb	Lipetzky	Roger & Kim	Tranby	Dave & Sharon
Gaasvig	Doug & Sue	Lommen	Mark & Becky	Trygg	Susan & Mike
Garberg	Bryan & Clare	Lundberg	Gary	VanDyke	Kevin & Sandy
Gee	Jerry & Maggie	Maddux	Joel & Janeen	Vanyo	Mark & Kathy
Geraghty	Tom & Shelly	Mallick	George	Welle	Tom & Kelly
Ginther	Shawn & Sue	Malmskog	Dave & Renee	Wheeler	Gary & Kim
Humphers		McKaig	Mitchell & Kathy	Whitehead	Dale & Laurie
Glatt	Eric & Lynn	Meader	Albert & Dianne	Wright	Steve & Leann
Golling	Werner & Terry	Michels	Tom & Jolinda	Wychor	Matt & Jane
Gonshorowski	Su Botner & Mike			Young	Michael & Sherry